

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>
6:00 - 7:00 CrossFit Instructor	6:00 - 7:00 CrossFit Instructor	6:00 - 7:00 CrossFit Instructor	6:00 - 7:00 CrossFit Instructor	6:00 - 7:00 CrossFit Instructor	7:00 - 8:00 CrossFit Instructor	8:00 - 8:45 CrossFit Instructor
7:00 - 8:00 CrossFit Instructor	7:00 - 8:00 CrossFit Instructor	7:00 - 8:00 CrossFit Instructor	7:00 - 8:00 CrossFit Instructor	7:00 - 8:00 CrossFit Instructor		
16:00 - 17:00 CrossFit Instructor	16:00 - 17:00 CrossFit Instructor	16:00 - 17:00 CrossFit Instructor	16:00 - 17:00 CrossFit Instructor	16:00 - 17:00 CrossFit Instructor		
17:00 - 18:00 CrossFit Instructor	17:00 - 18:00 CrossFit Instructor	17:00 - 18:00 CrossFit Instructor	17:00 - 18:00 CrossFit Instructor	17:00 - 18:00 CrossFit Instructor		
18:00 - 19:00 CrossFit Instructor	18:00 - 19:00 CrossFit Instructor	18:00 - 19:00 CrossFit Instructor	18:00 - 19:00 CrossFit Instructor	18:00 - 19:00 CrossFit Instructor		

# CROSSFIT